

Portobello Class – Weekly Timetable (Spring 1)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09:00 – 09:30	Morning routine Box work / 1:1	Morning routine Box work / 1:1	Morning routine Box work / 1:1	Sensory exploration Box work / 1:1 (Soft play available)	Morning routine Box work / 1:1
09.30 - 10.00	Play	Play	Play	Play	Play
10.00 – 10.15 10.15-10.30	Communication - Snack Toilet / Quiet time	Communication - Snack Toilet / Quiet time	Communication - Snack Toilet / Quiet time	Communication - Snack Toilet / Quiet time	Communication - Snack Toilet / Quiet time EG - Gardening
10.30 - 11.00	Sensory exploration Trampoline/ Soft play	Sensory exploration Body shop	English – Handwriting, Sensory Writing / Fine motor skills	OT session - Susan	English - Big Book
11.00 - 11.30	English – Phonics	Maths – place value	RE - Assembly (KS1 Classrooms)	Maths - Shapes	Science
11.30 – 12.00	Lunch	Lunch	Lunch	Lunch	Lunch
12.00 – 12.30	Play	Play	Play	Play	Play
12.30 – 13.00	Emotional regulation – Tuff tray activities/ Relaxation	Sensory exploration – Tuff tray activities/ Relaxation (Trampoline available)	Sensory exploration – Topic/ Relaxation	Emotional regulation – Relaxation Trampoline available	Social Communication – Choosing of leisure activities
	Toileting	Toileting	Toileting	Toileting	Toileting
13.00 – 13.30	PSHE - Circle time	PSHE - Circle time (Trampoline available)	Communication Working with Marie	Softplay (Boxwork 1:1)	Box work / 1:1
13.30 – 14.00	Fine motor skills Dough Disco PSHE - Toothbrushing	Fine motor skills Dough Disco PSHE - Toothbrushing	DT - Cooking	Fine motor skills Dough Disco PSHE - Toothbrushing	Celebration Assembly Fine motor skills Dough Disco PSHE - Toothbrushing
14.00 – 14.15 14.15 – 14.30	Creative arts Art	Core words – Raquel	Emotional regulation – Relaxation	PSHE	PE – With Sandra
	Communication – Snack Reading – book of the week	Communication – Snack Reading – book of the week	Communication – Snack Reading – book of the week	Communication – Snack Reading – book of the week	Communication – Snack Reading – book of the week
14:30 – 14:45	Toilet / Goodbye	Toilet / Goodbye	Toilet / Goodbye	Toilet / Goodbye	Toilet / Goodbye

14.30 – 15.00	Home	Home	Home	Home	Home	Home
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